

## Convenient Voicemail Service



Medication refills or insurance referrals are handled easily by phone with our easy-to-use voicemail system that is available 24 hours a day, seven days a week. Just call your provider's phone number and follow

the instructions to leave a message in your provider's voicemail box. Our goal is to refill your medications in a timely fashion, usually within 24 hours of your request. Please help us by giving us as much time as possible to renew your medication. We are able to mail, call or fax your prescriptions to a pharmacy of your choice. Please let us know your preference when you call.

We do not routinely refill medications after-hours. Your refill request is often an important aspect of monitoring your medications and your overall health. Refilling your medications needs to be done during regular office hours directly with your provider.

Please note: our voicemail service is for routine matters only. Please use the main office number for anything that requires immediate attention.



## St. Joseph Internal Medicine Providers

Theresa Hainer FNP  
Frederick Heineman MD  
David Koffman MD  
Elizabeth Laverack MD  
Miki MacDonald FNP  
Marilyn Michaud, FNP  
Cindy Milles, FNP, PhD  
David Prokop MD  
Kerry Riker MD  
Dara Rock MD  
Ilsa Shulman MD  
Elizabeth Weiss MD  
William Wood MD

### St. Joseph Internal Medicine

Hours of operation 8 a.m. - 5 p.m. Monday - Friday.

Closed major holidays including Good Friday.

Each provider keeps individual office hours.

Please call our office for specifics:

207-907-3300



st. joseph healthcare  
St. Joseph Hospital  
*In the Spirit of Healing*  
Sponsored by The Felician Sisters

Affiliate, Covenant Health Systems

## Primary Health Care for our Adult Community



### St. Joseph Internal Medicine



st. joseph healthcare  
St. Joseph Hospital  
*In the Spirit of Healing*

[www.stjoeshealing.org](http://www.stjoeshealing.org)

### We are a 2008 Pathways to Excellence Blue Ribbon Doctor's Office



Outstanding Heart Disease Care



Outstanding Results Measurement in Diabetes Care



Outstanding Clinical Office Systems

Three is the maximum number of ribbons awarded any individual practice by the Maine Health Management Coalition

[www.mhmc.info](http://www.mhmc.info)

# St. Joseph Internal Medicine - Bringing the Best in Primary Health Care to our Community



## We Listen...

As specialists in Internal Medicine, we are committed to listening, so we can provide the best possible

health care and preventive medicine to our patients. As part of St. Joseph Healthcare, St. Joseph Internal Medicine shares a mission of compassionate, competent care for the people of our community. Because we are a part of St. Joseph Healthcare and St. Joseph Hospital, we have immediate access to some of the most advanced health care providers and technology available.

## When You are Hospitalized



We are affiliated with St. Joseph Hospitalist Service, a group of specialist doctors called hospitalists, who care for patients while they are hospitalized. By using this service, your healthcare provider is more

accessible to you for office visits. Meanwhile, if you should need to be hospitalized, you have constant access to a physician who specializes in the care of hospital patients, and who remains in frequent contact with your provider at St. Joseph Internal Medicine during your hospital stay.

## In an Emergency

We maintain emergency coverage 24 hours a day, 7 days a week. You can reach the provider who is on-call by simply calling the phone number for your personal provider.



In addition, St. Joseph Hospital offers a full service Emergency Department, available 24 hours a day.

Of course, any life-threatening emergency should be handled by calling 9-1-1.

## We are easy to find, with free, convenient parking



We are located in **Building 3** at St. Joseph Healthcare Park, **900 Broadway** in Bangor, approximately 1.5 miles north of St. Joseph Hospital. Look for the large red entrance sign directly across from Hobart Street. We are also accessible via the BAT Community Connector bus (Mall Hopper route). Drop-off and pickup is by request.

## On the Web

For more information about our practice and our individual providers, check our web pages in the St. Joseph Physician Practices area of the St. Joseph Healthcare website, [www.stjoeshaling.org](http://www.stjoeshaling.org). There you will also find a secure patient area where you can register to send and receive secure messages to and from your providers and check your health records.



Telephone: 207-907-3300